



PROFESSIONAL DEVELOPMENT WORKSHOP

INTRODUCTION TO THE MMPI-2: Applications in Treatment Planning

Who Should Attend?

This workshop is for psychologists who wish to improve their skills in applying the MMPI-2 in clinical, forensic and pre-employment settings.

Designed for professionals with limited or no experience with the MMPI-2 and MMPI-2-RF, this professional development program will improve your theoretical and practical skills. At the end of the workshop, you will be confident using test results in clinical practice, case formulation and conceptualisation – and in effective treatment planning.

About the MMPI-2

The Minnesota Multiphasic Personality Inventory (MMPI) is the most widely used and researched standardised psychometric test of adult personality and psychopathology.

Psychologists and other mental health professionals use the MMPI to develop treatment plans, offer diagnoses, answer legal questions and screen job candidates. It is also commonly used as part of a therapeutic assessment procedure.

The MMPI was first published 1943, which was replaced in 1989 by the updated version, the MMPI-2.

In 1992, a version for adolescents was published – the MMPI-A. Then in 2008, an alternative version of the test, the MMPI-2 Restructured Form (MMPI-2-RF) was also published. This version retains some aspects of the traditional MMPI assessment strategy, but adopts a different theoretical approach to personality test development.

As an APS Member, you can accrue Continuing Professional Development (CPD) hours by participating in activities considered to be relevant to your professional skills, learning plans and goals. These activities may be self-initiated and do not need to be endorsed by the APS. This workshop can count for 13 hours of CPD for your learning CPD requirements.

What our Participants Say...

“The workshop has presented a wealth of knowledge in an easy to understand format. An amazingly good workshop.”

Zoe Gruneska
Student, Deakin University

“Great workshop Peter. Just what I have been looking for, for many years.”

Ingrid Hilton
Countrywide Psychology

Workshop Enquiries

For more information, dates and locations of workshops, please contact:

Peter Kyriakoulis
Positive Psychology Centre
peter@positivepsychology.net.au

Tel: 1300 995 636

Or visit our website:

positivepsychology.net.au

INTRODUCTION TO THE MMPI-2: Applications in Treatment Planning

Workshop Outline

DAY 1 Theoretical Foundations

- 9am – 10.30am** **MODULE 1: INTRODUCTION**
- + Introduction to the MMPI-2 and the MMPI-2-RF
 - + Overview of the MMPI-2-RF and MMPI-A scales
 - + Interpretation of validity scales and their application
- 10.30am – 11am Morning tea
- 11am – 12.30pm** **MODULE 2: EXAMINATION & ANALYSIS**
- + An examination of the individual MMPI-2 code types, clinical, Harris and Lingoes scales, content and supplementary scales
 - + Overview of the MMPI-2-RF restructured clinical scales
- 12.30pm – 1.30pm Lunch
- 1.30pm – 3pm** **MODULE 3: CLINICAL APPLICATIONS**
- + Case study presentations
 - + Interpretation of test results
 - + Feedback sessions
 - + Treatment planning
- 3pm – 3.30pm Afternoon tea
- 3.30pm – 4.45pm** **MODULE 4: PROTOCOL ANALYSIS**
- + Analysis of protocols to establish confidence in using these tools for treatment planning

DAY 2 Practical Skills Training

- 9am – 5.00pm**
- The second day of the workshop provides the opportunity for participants to practise:
- + Interpreting results
 - + Delivering feedback
 - + Formulating treatment plans
- Before the workshop, participants will be required to administer an MMPI-2 (either self-administrated or to a client or volunteer). Participants will then submit protocols for scoring and interpret and analyse reports to support their learning throughout the second day.
- More complex case studies will also be explored on the second day.

Your Presenter

Peter Kyriakoulis

Peter Kyriakoulis is a clinical psychologist and Director of the Positive Psychology Centre – a renowned Melbourne clinic situated across three locations.



Specialising in treatment of depression and anxiety disorders, Peter is an avid and experienced user of the MMPI-2. With a wide interest in an eclectic approach to clinical practice, Peter combines positive psychology and neuropsychotherapy principles with a range of CBT and mindfulness-based techniques.

Peter completed his undergraduate studies with honours at the University of Athens in 2000 – followed by a Masters of Clinical Psychology in 2002. Since 2003 Peter has been in private practice while working in various community health and psychiatric settings.

Peter is currently completing a doctoral degree on the implications of the diving response in treating Panic Disorder.

Workshop Fees

*Includes workshop materials, lunch, morning tea and afternoon tea

2 Day Workshop (recommended)

Early bird (register 4 weeks + prior to workshop)	\$470
Standard	\$595
Student Concession	\$450

1 Day Workshop

Early bird (register 4 weeks + prior to workshop)	\$270
Standard	\$300
Student Concession	\$250

Registration Form

First Name: _____
Surname: _____
Profession: _____
Email Address: _____
Mobile: _____

I would like to attend:

- Two-day workshop (recommended)
 One-day workshop

How did you hear about this workshop?

- APS Word of mouth
 Positive Psychology website LinkedIn
 Other: _____

Payment Details

- Cheque / Money Order
(Made out to Positive Psychology)
- Credit Card Please specify: VISA Mastercard
Payment amount: \$ _____

Name on card: _____

Credit card no:

Expiry date: /

Signature: _____

Workshop Date: _____

Workshop Location: _____

Please scan and email this form to
peter@positivepsychology.net.au or fax to 9570 8441.